

Fast Feet Timing presents:



'The 2nd Annual Athens Area Summer XC Series'

Race #1 on 6/21-- 3K Held at Athens Christian School Course

This course is on wooded trails, rolling hills and open stretch in the back and moderately challenging. Entry fees collected go to the Host Schools' Cross Country Programs. Entry fees are minimal as listed below:

Student Athletes- \$4 Adults- \$6

- 1) Registration Begins at 5:45pm and ends at 6:50pm
- 2) Bib #'s will be Assigned to each Runner
- 3) Split Clocks will be deployed at the 1 Mile Mark
- 4) Water will be provided and Music will Fill the Air
- 5) Timing will be by Fast Feet Timing Services
- 6) Performances by HS/MS/Collegiate athletes Will be Captured
- 7) Top 3 Males and Females Win \$15 Gift Certificates to RoadID.com
- 8) No team scoring, this is an "Open Race."
- 9) Runners earn points for each race culminating in a "series champion"

Additional Notes

Coaches- Please e-mail us with a list of runners you expect to be participating to expediate Race set-up (this will make things go much smoother on Race Day) so we can pre-assign bib #'s. If you are "Hosting" a meet we expect a large number of your runners and Coaches, Parents, Boosters are welcome to participate. runninggodz@yahoo.com

Individual Student-Athletes- Please e-mail us with your intention to participate as we will have a series of bib #'s just for Individuals. runninggodz@yahoo.com

Adults and Pre-Middle School- Your registration will be Race Day but e-mailing your Intention to compete will be appreciated. runninggodz@yahoo.com

Waiver: I waive any and all claims for myself and my heirs against Athens Christian School / Fast Feet Timing and those affiliated with the organizers, officials, sponsors, and volunteers for damages, liabilities, injuries, or illnesses I may receive from my participation in the Athens Summer Series races. I further state that I am in proper physical condition to undertake said event.

Signature: _____ Date _____ Age _____ Gender _____

(parent/guardian if under 18) PRINT NAME _____